



Milton Centre for Women's Health

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***Obstetrics and Gynecology
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Post Gynecology: LEEP or Cone Biopsy

1. The heaviest vaginal bleeding will usually occur the week following surgery. If at any time, this flow should become heavy or bright red with clots, that is, such that you need to change a maxi pad every one to two hours, please proceed to your local emergency department.
2. You may have a yellowish-brown vaginal discharge following surgery. A black packing may fall out in a few days. This is normal. Vaginal discharge and bleeding will vary from person to person and may range from a light pink discharge to a heavier flow requiring 3-5 pads daily and may last 2 weeks.
3. Please refrain from putting anything into the vagina for at least three weeks i.e. refrain from the use of tampons, use of douches and from sexual intercourse. This permits the site of surgery to heal undisturbed.
4. You may experience some cramps similar to menstrual cramps. This is to be expected. You may use plain or extra strength Tylenol or Ibuprofen (Motrin/Advil) or what is prescribed for you by your physician for your discomfort. If your pain medication does not help, please contact the office for further instructions.
5. You may return to work within 2-3 days.
6. Contact your physician by phone or email when you return home for your follow up appointment (usually within 3-4 wks from the date of your surgery).